



## World Trail Orienteering Championships

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**2022, Jelenia Góra, Poland**



## **World Trail Orienteering Championships**

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It is with great pleasure that I invite you to Jelenia Góra for the World Trail Orienteering Championships, which will take place on July 19-23, 2022 in Jelenia Góra.

Jelenia Góra, to which you are cordially invited, is a city with centuries-old tradition and numerous monuments. Its uniqueness is also reflected in its districts: the old town becoming more beautiful each year, one of the oldest in Poland - the Cieplice spa, Sobieszów with the ruins of the 14th-century Chojnik castle or the well-known holiday village Jagniątków famous for its Nobel Prize winner Gerhart Hauptmann. Its picturesque location in the very centre of Jelenia Góra Valley makes the city a very attractive place for tourists and visitors who enjoy active leisure. In the city and its surroundings there are excellent areas for hiking and cycling.

I guarantee the participants a hospitable and friendly atmosphere, excellent conditions for sports competition and great fun.

**Jerzy Łuźniak - Mayor of the City of Jelenia Góra**



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Dear orienteering friends,

it is an honour and pleasant obligation for me and for all Polish orienteers to organize, for the first time, World Trail Orienteering Championships in Poland. This great event in Trail Orienteering will be held in the neighbourhood of Jelenia Góra - the magnificent touristic centre in South-western Poland.

Our choice guarantees interesting and hopefully demanding challenges for athletes, as well as full attractiveness in all aspects of our sport. We wish all participants a lot of fun and great memories. May your stay in Poland and this World Championships event bring you all much satisfaction and success.

With sporting greetings.

**Łukasz Charuba - Chairman of Polish Orienteering Federation**





## World Trail Orienteering Championships

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### VENUE

World Trail Orienteering Championships 2022 will be held in Jelenia Góra, a city in southwestern Poland, at the foot of the Karkonosze Mountains. Competition areas will be at the lower slopes of those mountains. Terrain is mostly forest with many rocks and stones, not seriously affected by human activity. Jelenia Góra and surrounding areas are a popular tourist destination, offering good range of accommodation possibilities at various price ranges.

#### Distances from major Airports:

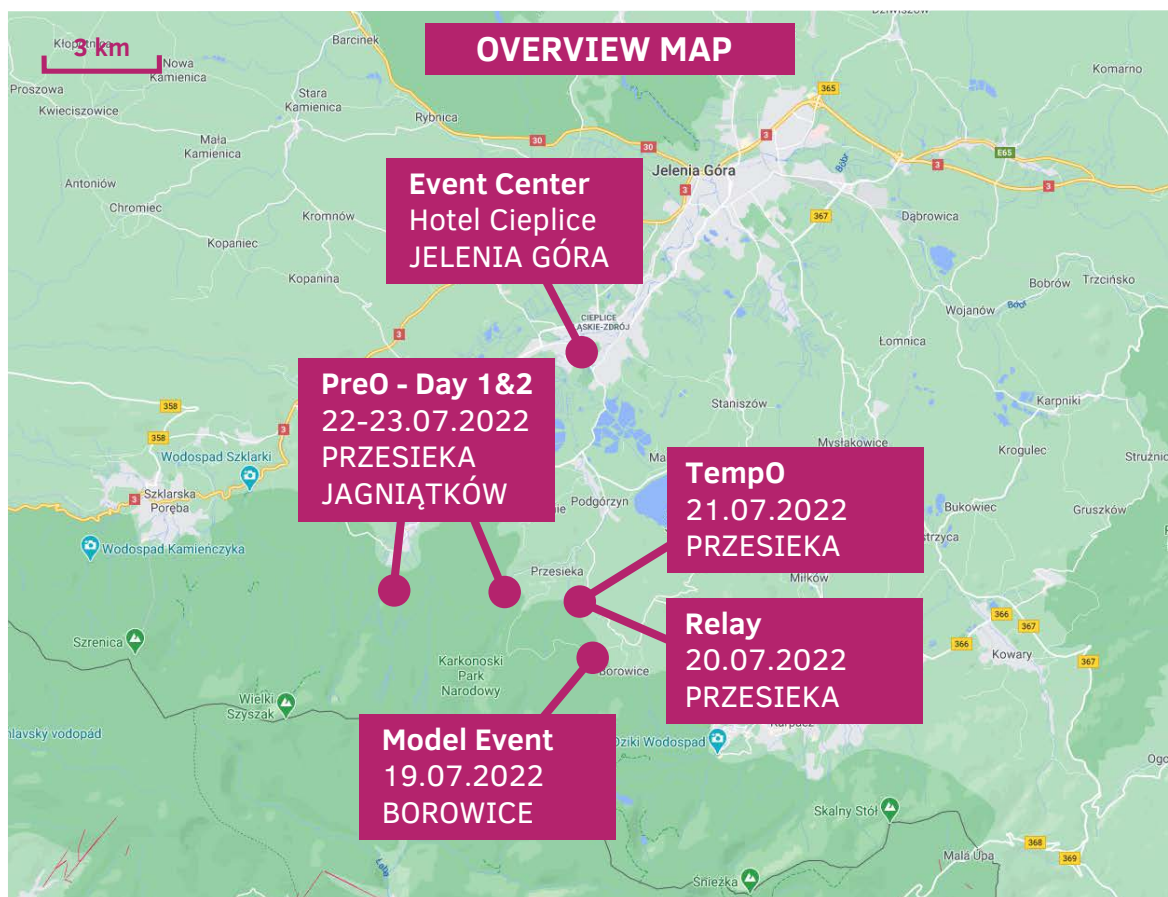
from Wrocław Airport - 115 km (1,5h by car)

from Berlin-Brandenburg Airport - 270 km (3.5h by car)

from Prague Airport - 180 km (2.5h by car)

Jelenia Góra is well communicated by car or by train.

On demand there will be arranged transport from Wrocław to Jelenia Góra.



#### WORLD TRAIL ORIENTEERING CHAMPIONSHIPS 2022

19-23.07.2022  
JELENIA GÓRA

POLAND



LOWER SILESIA





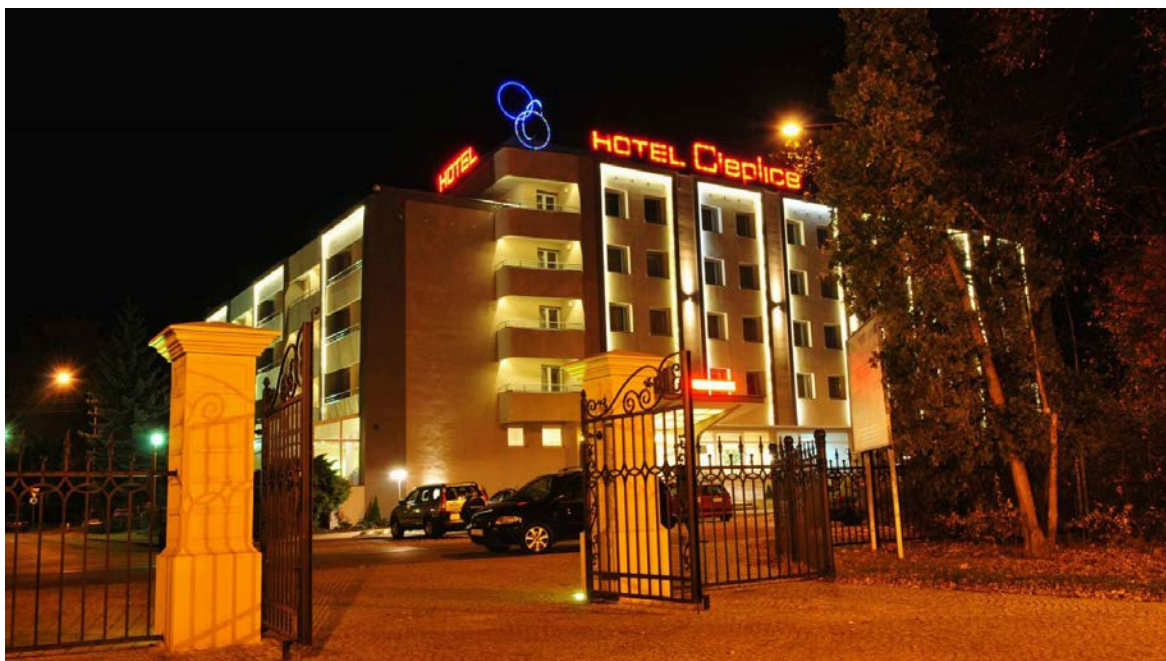
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### EVENT CENTRE

The World Trail Orienteering Championships 2022 Event Centre will be located in Hotel Cieplice in Jelenia Góra-Cieplice, street Cervi 11.

GPS Coordinates: Hotel Cieplice [50.863351](#) [15.678756](#)



### ORGANIZING COMMITTEE

The event will be organized by orienteering enthusiasts gathered around Lower Silesian Orienteering Federation, with help of local clubs:

KInO Orientop Wrocław

MKS Paulinum Jelenia Góra

Orienteering Adventure

Event Director: Wojciech Dwojak

Event Secretary: Agnieszka Stachurska

Event Office: Łukasz Charuba

Local Coordinator: Damian Dutkiewicz

Course Setters: Jacek Wieszaczewski, Joanna Puternicka

Map Maker: Tomas Lestinsky (CZE)

Media: Rafał Podziński

Design: Marta Florkowska-Dwojak

Logistics: Marcin Biederman

Start Area: Arleta Sosenko



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### Event Advisors:

IOF Senior Event Adviser: Dusan Furucz (SVK)

IOF Assistant Event Adviser: Juha Hiirsalmi (FIN)

National Controller: Jacek Morawski (POL)

## EVENT PROGRAMME

DATE/ HOUR	EVENT	LOCATION
MODEL EVENT - TUESDAY, JULY 19TH		
10:00-19:00	Event Office open	Jelenia Góra - Cieplice   Hotel Cieplice
12:00	Deadline for name submissions - Relay	IOF Eventor
12:00-17:00	Model Event	Borowice
19:00	Team Officials Meeting	Jelenia Góra - Cieplice   Hotel Cieplice
TRAILO RELAY - WEDNESDAY, JULY 20TH		
10:00	Start, P Class	Przesieka   Ogród Siruwia
10:15	Start, O Class	Przesieka   Ogród Siruwia
12:00	Deadline for name submissions - Tempo	IOF Eventor
14:00*	Public Event	Przesieka   Ogród Siruwia



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ca. 16:00 immediately after results are official	Flower Ceremony	Przesieka   Ogród Siruwia
18:00	Opening Ceremony, and Medal Ceremony for TrailO Relay	Jelenia Góra - Cieplice   Park Zdrojowy
18:30-20:30	Event Office open	Jelenia Góra - Cieplice   Hotel Cieplice
19:00	Team Officials Meeting	Jelenia Góra - Cieplice   Hotel Cieplice
<b>TEMPO - THURSDAY, JULY 21ST</b>		
08:30	Quarantine closes for Quali- fication	Przesieka   Ogród Siruwia
09:00	First start - Qualification	Przesieka   Ogród Siruwia
12:00	Deadline for name submis- sions - PreO	IOF Eventor
13:00*	Public Event	Przesieka   Ogród Siruwia
14:00	Quarantine closes for Final	Przesieka   Ogród Siruwia
14:30	First start - Final	Przesieka   Ogród Siruwia
ca. 17:00 immediately after results are official	Flower Ceremony	Przesieka   Ogród Siruwia



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18:30	Medal Ceremony for Tempo	Jelenia Góra - Cieplice   Park Zdrojowy
18:00-20:30	Event Office open	Jelenia Góra - Cieplice   Hotel Cieplice
19:00	Team Officials Meeting	Jelenia Góra - Cieplice   Hotel Cieplice
<b>PREO DAY 1 - FRIDAY, JULY 22ND</b>		
10:45	Quarantine closes	School in Podgórzyn
11:00	First start	Przesieka
15:00*	Public Event	Przesieka
<b>PREO DAY 2 - SATURDAY, JULY 23RD</b>		
09:45	Quarantine closes	School in Podgórzyn
10:00	First start	Jagniątków
14:00*	Public Event	Jagniątków
18:00	Medal Ceremony for PreO and Closing Ceremony	Jelenia Góra - Cieplice   Park Zdrojowy
20:30	WTOC Banquet	Jelenia Góra - Cieplice   Hotel Cieplice

\* times of start for Public Events are preliminary



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## **ELIGIBILITY CERTIFICATES**

Copies of eligibility certificates for the P class must be sent to [office@wtoc2021.pl](mailto:office@wtoc2021.pl) in conjunction with the entries. The latest date for sending the certificates is 9th July 2022. The latest date to apply for eligibility from the IOF is 24th May 2022.

## **CLASSES**

In the individual PreO competitions and in the TrailO Relay there is an O (Open) class and P (Physically Challenged) class. In the TempO competition there is a single class (O).

All competitors, regardless of sex, age or physical ability/disability are eligible to be entered for a World Championship O class competition. Only competitors who have a permanent disability that significantly reduces their mobility are eligible to be entered for a World Championship P class competition. This eligibility must be registered with the IOF following the Competition Rules for IOF TrailO Events.

All competitors represent a Federation. Each Federation may enter a team of an unlimited number of competitors.

Each Federation may enter up to a maximum of four competitors of any physical ability for the PreO competition in the O class, a maximum of four eligible competitors for the PreO competition in the P class and a maximum of four competitors for the TempO competition.

In addition to the above the following may be entered by their Federations:

- Regional Champions (if the Regional Championship was held in the previous 12 months) and the current World Champions in their respective classes
- 2 juniors (aged 20 years or younger at the end of the calendar year) in each class and format
- The top 15 in the World Ranking list (as it stands 3 months prior to the first race of the event) with a maximum of the best 2 from each Federation for the PreO O class and TempO.
- The top 15 in the World Ranking list with a valid eligibility certificate (as it stands 3 months prior to the first race of the event) with a maximum of the best 2 from each Federation for the PreO P class.





## World Trail Orienteering Championships

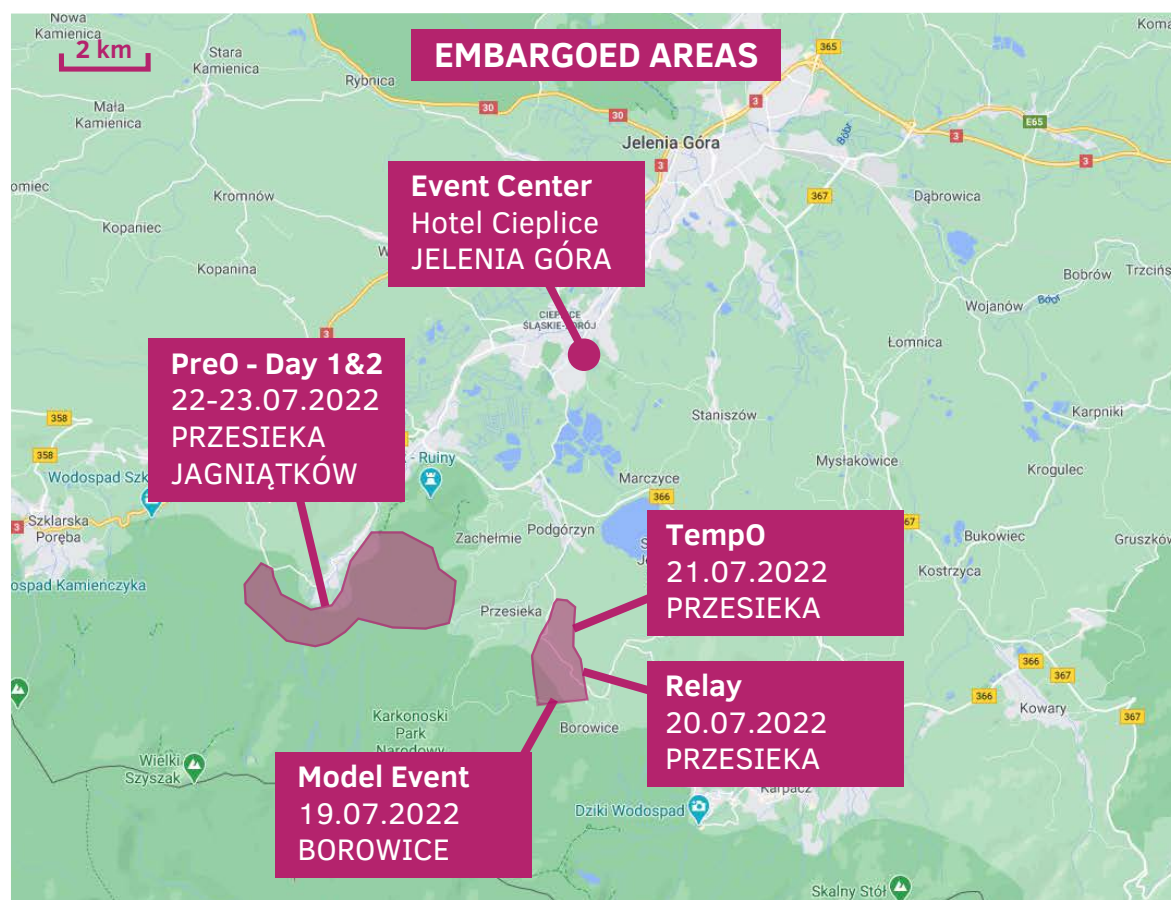
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### EMBARGOED AREAS

All embargoed areas are out of bounds for all potential WTOC 2022 team members (competitors, officials, escorts, etc.) and any other person who may influence the results of the competitions by any knowledge of the terrain.

The embargo is valid until **23rd July 2022**. Accommodation during WTOC 2022 must be located outside the designated areas. All car movement and parking must respect the embargoed roads in full. Any permitted access inside the embargoed areas or lifted embargo areas will be announced prior to and during WTOC 2022.

You can find more information about embargoed areas on the official website, under this link: <http://wtoc2021.pl/terrain-maps-and-embargoed-area/>



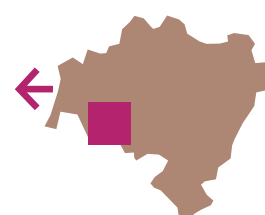
### WORLD TRAIL ORIENTEERING CHAMPIONSHIPS 2022

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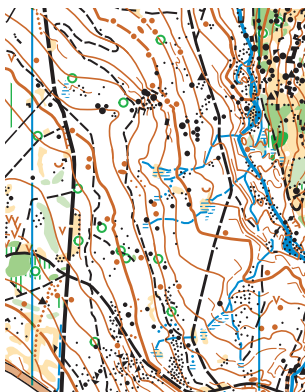
### COMPETITION

**Zero tolerance:**

**Z-tolerance:** 4 meters, no side problems, no exceptions.

#### MODEL EVENT

Tuesday,  
July 19th



Location: 50.793172, 15.686677

Map: Borowice - Droga Sudecka | 1:3000, e=2m, ISSprOM 2019-2

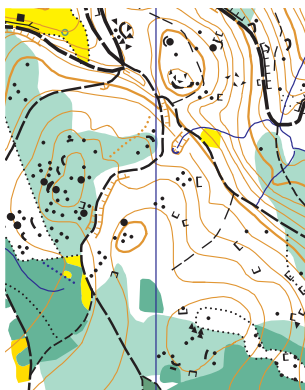
Terrain: small climb, contour and stones/rock details, mostly good visibility.

Last FootO competitions held in 2019. Never used for TrailO.

CONTROLS	TIMED CONTROLS	LENGTH (M)	CLIMB (M)	TIME LIMIT (OPEN/ PARA)	ONE WAY SECTIONS	REFRESHMENT POINTS
12	2x5+1x3	200	0	45/52	no	no

#### TRAILO RELAY

Wednesday,  
July 20th



Location: 50.803216, 15.678904

Map: Przesieka - Ogród Siruwia | 1:3000, e=2m, ISSprOM 2019-2

Terrain: PreO and TempO: valley, small climb, contour and stones/rock details, mostly good visibility, partly park area with vegetation and water details.

Last FootO competitions held in 2019. Never used for TrailO.

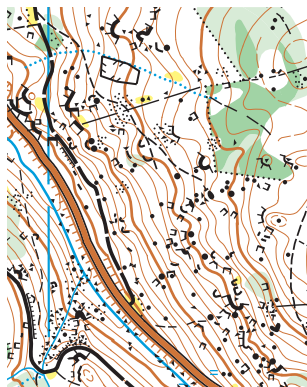
CONTROLS	TIMED CONTROLS	LENGTH (M)	CLIMB (M)	TIME LIMIT (OPEN/ PARA)	ONE WAY SECTIONS	REFRESHMENT POINTS
12 per leg	2x4 per leg	3x550	3x20	155/170	no	no



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**TEMPO**  
Thursday,  
July 21st



Location: 50.803216, 15.678904

Map: Przesieka - Szachownica, Przesieka - Ogród Siruwia | 1:3000, e=2m, ISSprOM 2019-2

Terrain: Qualifications: similar to Relay. Final: partly similar to qualifications, partly park area with vegetation and water details

Last FootO competitions were held in 2013. Never used for TrailO.

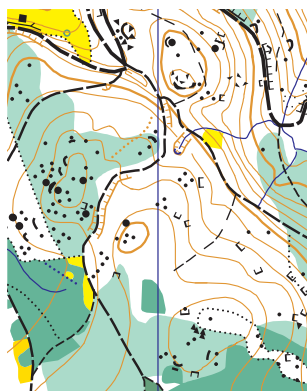
### TempO Qualification:

TEMPO TIMED CONTROLS	TOTAL LENGTH (M)	CLIMB (M)
6x5	400	20

### TempO Final:

TEMPO TIMED CONTROLS	TOTAL LENGTH (M)	CLIMB (M)
9x5	1200	30

**PREO DAY 1**  
Friday,  
July 22nd



Location: 50.839902, 15.67912

Map: Przesieka - Markus | 1:3000, e=2m, ISSprOM 2019-2

Terrain: valley, small climb, contour and stones/rock details, mostly good visibility

Last FootO competitions held in 2008. Never used for TrailO.

CONTROLS	TIMED CONTROLS	LENGTH (M)	CLIMB (M)	TIME LIMIT (OPEN/PARA)	ONE WAY SECTIONS	REFRESHMENT POINTS
42	2x3	470	20	140/160	no	2



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**PREO DAY 2**  
Saturday,  
July 23rd

**NO  
PREVIOUS  
MAP**

Location: 50.839902, 15.67912

Map: Jagniątków - Droga pod Reglami | 1:3000,  
e=2m, ISSprOM 2019-2

Terrain: mountain slope, road mostly flat, contour  
and stones/rock details, mostly good visibility

Never used for Orienteering

CONTROLS	TIMED CONTROLS	LENGTH (M)	CLIMB (M)	TIME LIMIT (OPEN/ PARA)	ONE WAY SECTIONS	REFRESH- MENT POINTS
33	2x3	400	10	111/130	no	1

### ACCESSIBILITY FOR MOBILITY IMPAIRED COMPETITORS:

All competitions will be set on good dirt paths mostly with low slope. In the short steep parts there will be extra pushers and one-way zones where needed.

## TRAININGS

The maps from ECTO competitions in 2019 are available for training purposes. If you are interested in these maps, please contact us: [office@wtoc2021.pl](mailto:office@wtoc2021.pl)



Because of overlapping areas for the Relay and the TempO Final, it is recommended that those competitors entered for the TempO, but not for the Relay, take part in the Public Relay event. This will give them the same experience on the Relay terrain as those taking part in the WTOC Relay; all competitors reaching the TempO Final will have had the same earlier opportunities to see the terrain

## PRE-WTOC COMPETITION

We invite you to take part in PreWTOC TrailO Adventure, which will be held in the neighborhood of Jelenia Góra 16th and 17th July 2022, in similar and relevant terrain to the WTOC.

The programme will have a TempO and a PreO stage. Please check the event website for more information:

<http://www.o-adventure.cz>





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### PUBLIC EVENT

Public Events will be organized in parallel with WTOC.

The Fee for individual events is **5 EUR/event**.

WTOC Accredited Team Officials and Athletes have a free start, but they have to register.

DATE	PRELIMINARY START TIMES	EVENT	LOCATION	REMARKS
Wednesday, July 20th	14:00	TrailO Relay, Public Event	Przesieka   Ogród Siruwia	mass start on PreO part of Relay course
Thursday, July 21st	13:00	TempO, Public Event	Przesieka   Ogród Siruwia	on course from Qualification
Friday, July 22nd	15:00	PreO day 1, Public Event	Przesieka	one Timed Control
Saturday, July 23rd	14:00	PreO day 2, Public Event	Jagniątków	one Timed Control

Further information and registration to be found on:

<http://wtoc2021.pl/public-event/>



Because of overlapping areas for the Relay and the TempO Final, it is recommended that those competitors entered for the TempO, but not for the Relay, take part in the Public Relay event. This will give them the same experience on the Relay terrain as those taking part in the WTOC Relay; all competitors reaching the TempO Final will have had the same earlier opportunities to see the terrain

### ENTRIES

Entries are done by the National team manager.

#### Team Size Entry

The following information shall be filled via IOF Eventor:

- Team manager (Chosen from list in IOF Eventor)
- Number of Team athletes (O and P)
- Number of Team Officials
- Number of Accompanying Persons
- Number of Teams for the Relay

The deadline for Team Size Entry was **19th May 2022**.



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Entries via IOF Eventor. The entry form is available here:

<https://eventor.orienteering.org/Events/Show/6419>

### Team Names Entry

The following information shall be filled via IOF Eventor:

- Name of each Team Athlete by selecting from federation members in IOF Eventor. The deadline for Team Names Entry is **9th July 2022**.

	31st March 2022 23:59	19th May 2022 23:59	31st May 2022 23:59	6th June 2022 23:59	9th July 2022 23:59
Transport Request					
Team Size					
Accommodation & Meals					
Payment					
Team Names					

## ACCREDITATION AND ENTRY FEES

ACCREDITATION AND ENTRY FEES	AMOUNT
Accreditation for Team Officials	110 EUR
Accreditation for Athletes	110 EUR
Accreditation for Accompanying Persons	55 EUR
Accreditation for Escort	10 EUR
Entry for TempO	75 EUR
Entry for PreO	105 EUR
Entry for Relay (per team)	125 EUR

Additional fees may arise from late entries and changes, according to IOF TrailO Rules 2022.



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### PAYMENTS:

Payment deadline is **6th June 2022**.

After the Team Size deadline, the organiser will invoice the federation for entries and services. The invoices should be paid before 6th June 2022.

If the Federation has made changes after that date it will be paid/re-funded on the event at the Event Office.

### BANK INFORMATION:

IMPORTANT – the payer shall cover all bank charges.

Payment details:

Bank: Alior Bank SA

IBAN: PL87 2490 1057 0000 9902 3682 1723

SWIFT Code: ALBPPLPW

to the credit of: DZOS, Borowska 1-3, 50-529 Wrocław, Poland

## ACCOMMODATION & MEALS

Suggested accommodation, which is also location for Event Centre and also Banquet – Hotel Cieplice (Jelenia Góra-Cieplice, street Cervi 11).

TYPE OF ROOM /MEAL	AMOUNT PER ROOM
Standard double room	50 EUR
Comfort double room	60 EUR
Comfort Plus double room	65 EUR
Comfort single room	40 EUR
Lunch in Hotel (3 dishes - soup, main course, dessert)	10 EUR
Dinner in Hotel	8 EUR
Catering provided in competition arenas	7 EUR



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### Included:

In accommodation prices are included: Breakfast, sauna, pool, jacuzzi. Altogether Hotel has ca. 200 beds.

Order of accommodation should be made through questionnaire which is available on official website: [www.wtoc2021.pl](http://www.wtoc2021.pl)

Order should be made by 31st May 2022.

Payment should be made by 6th June 2022.

Details about Meals will be available on event website in June.

## VISA

According to the current regulations, citizens of some countries must obtain a visa in order to enter Poland.

Please check the following website for more information: <https://udsc.gov.pl/en/cudzoziemcy/obywatele-panstw-trzecich/chce-przyjechac-do-polski/czy-potrzebuje-wizy/>

## CLIMATE

The climate of Jelenia Góra is moderately continental; temperatures in Jelenia Góra in the second part of July can be everything between 11°C and 27°C in daytime with average temperature of 16.8°C.

On average there are 12 rainy days in July.

The city is located in southwestern Poland, 350 metres above sea level and at the foot of the Karkonosze Mountains.

## ASSISTANCE

The organisers will provide assistance on steeper hills. According to the new IOF TrailO Rules 2022 (valid from 1.2.2022), the competitors who need an escort shall bring an escort with them. With an escort accreditation (which is mandatory) only, a person cannot act as a team official, attend Team Official Meetings or make a complaint.





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## **CONTACT**

**Lower Silesian Orienteering Federation**

**Ul. Borowska 1-3**

**50-529 Wrocław**

**office@wtoc2021.pl**

**www.wtoc2021.pl**

**Event Director: Wojciech Dwojak**

**tel: +48 695 730 797**

**mail: office@wtoc2021.pl**

**Media: Rafał Podziński**

**tel: +48 798 606 123**

**mail: media@wtoc2021.pl**



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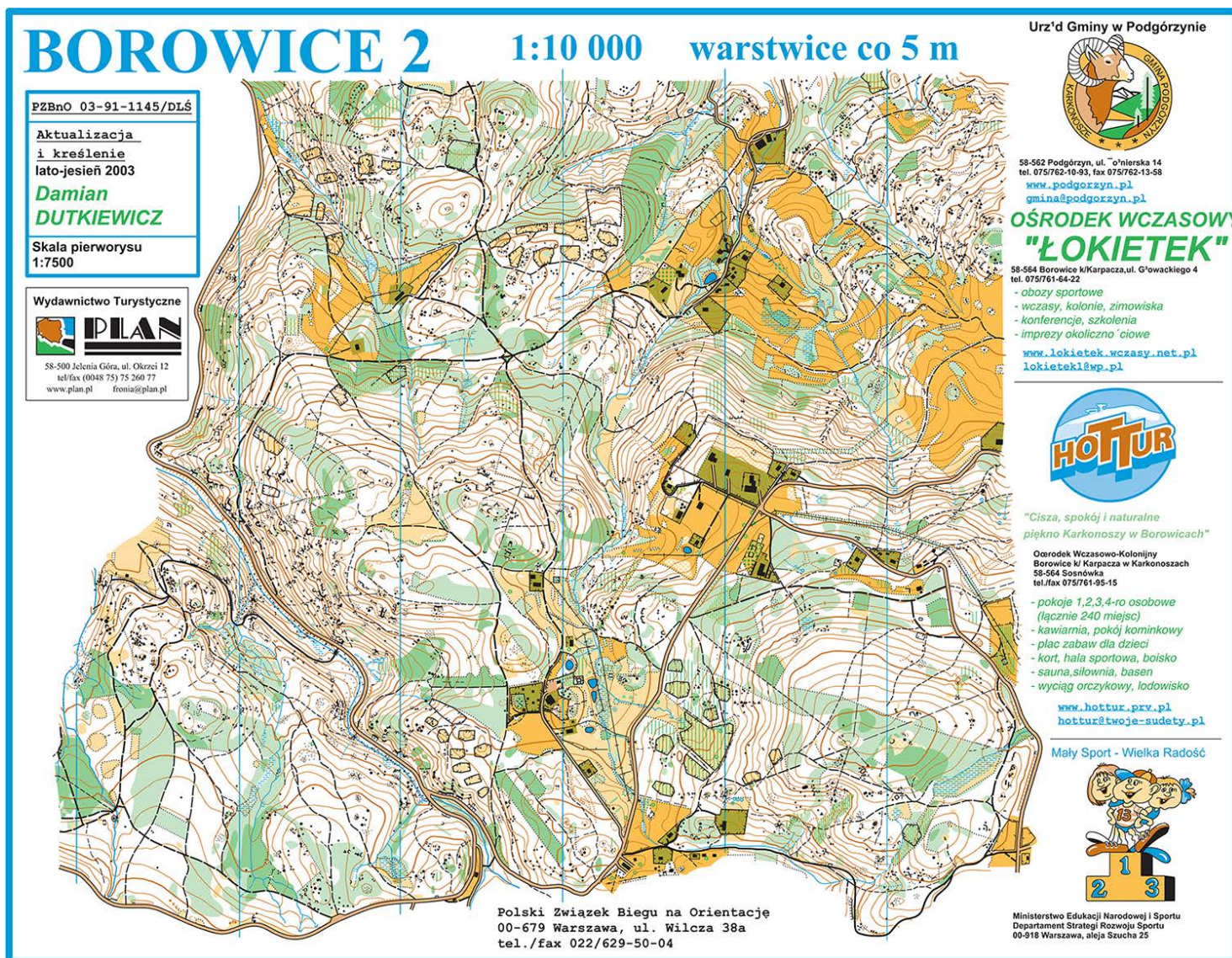
### MOST RECENT MAPS

#### Relay and Tempo

Name: Borowice 2

Polish Federation number: 2003-091-1145-DLŚ

Link to internet version of map: [over here](#)







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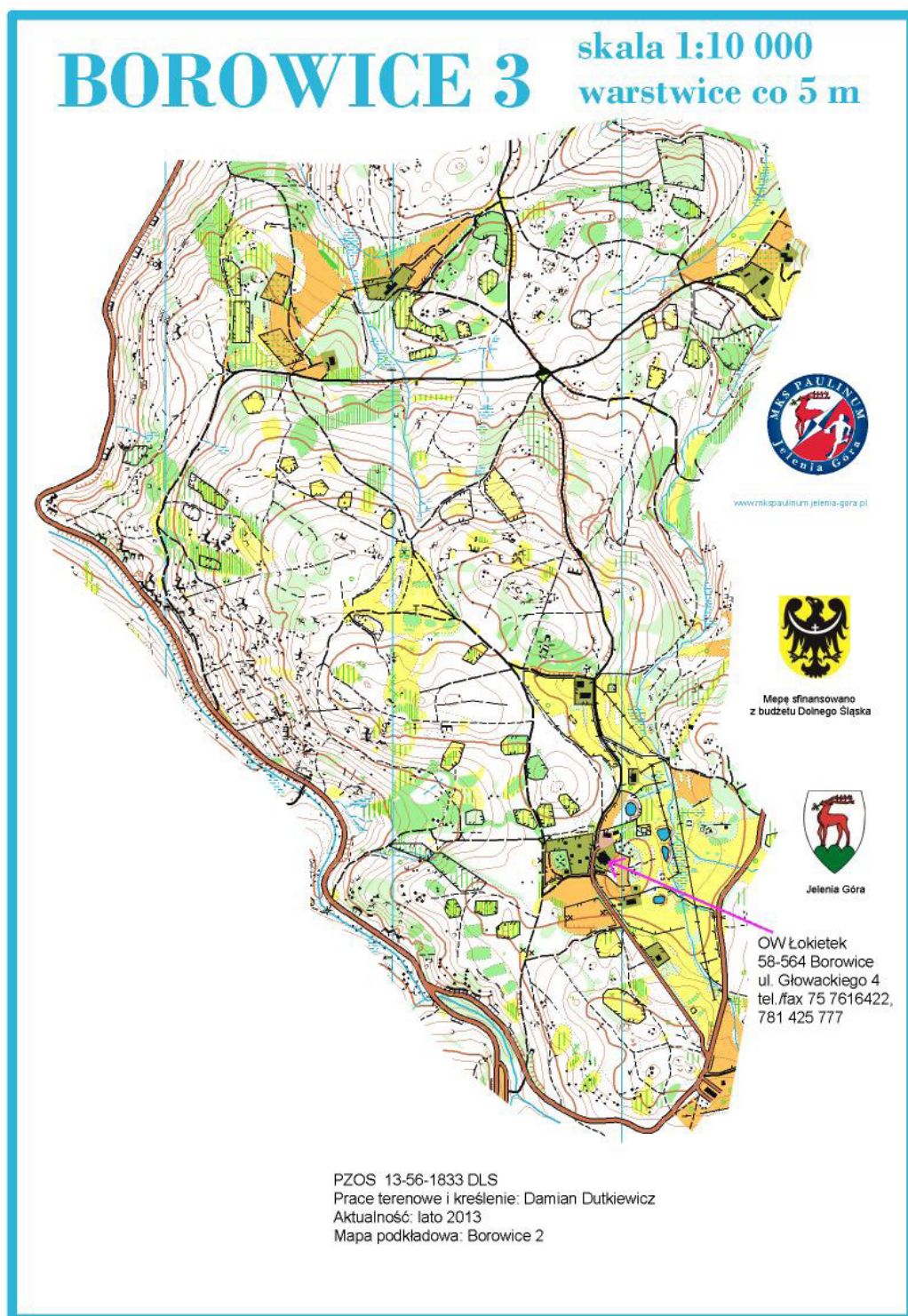
### MOST RECENT MAPS

TempO

Name: Borowice 3

Polish Federation number: 2013-056-1833-DLŚ

Link to internet version of map: [over here](#)







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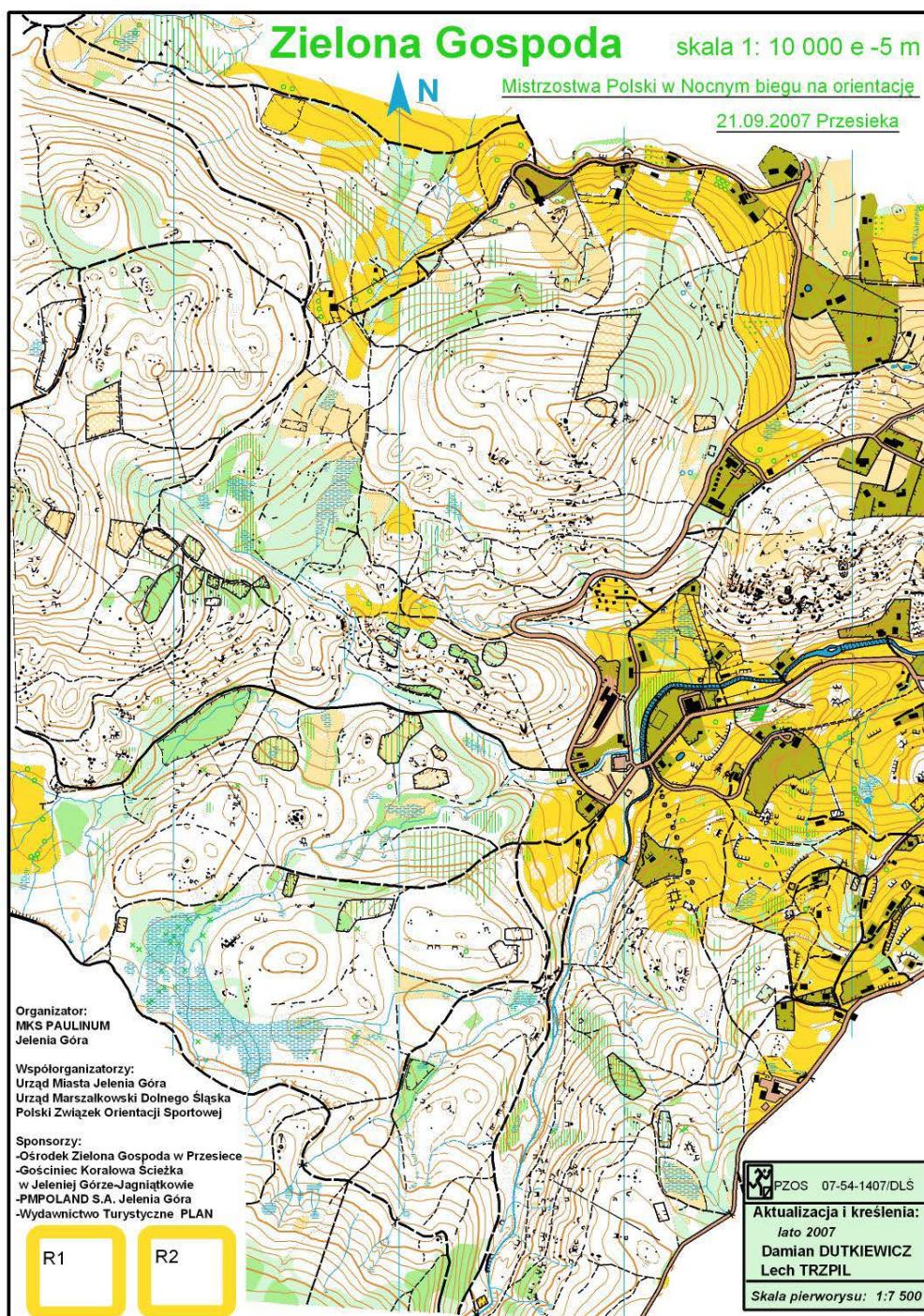
### MOST RECENT MAPS

PreO - day 1

Name: Zielona Gospoda

Polish Federation number: 2007-054-1407-DLŚ

Link to internet version of map: [over here](#)







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