



**Polish Trail-O Championships
European Cup in Trail-O
IOF World Ranking Event**

2019 Wleń, Poland

Bulletin I

1. Organizers

International Orienteering Federation
Polish Orienteering Association
Lower Silesian Orienteering Association
Orientop Wrocław Orienteering Team

2. Organizing Team

Event director: Alicja Wojtala
Course setter (relay, TempO): Jacek Wieszaczewski
Course setter (PreO): Joanna Puternicka
Mapping: Tomas Lestinsky (CZE)
IOF Event Advisor: Marian Miklus (SVK)

3. Event Center

Zespół Szkół im. Św. Jadwigi Śląskiej, ul. Dworcowa 10, 59-610 Wleń





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4. Event schedule

Friday, 13.09.2019

16:30: opening ceremony

17:00: mass start, relay PreO part (Para)

17:15: mass start, relay PreO part (Open)

Saturday, 14.09.2019

10:00: TempO first start (including relay TempO part)

20:00: awards ceremony (relay and TempO)

Sunday, 15.09.2019

9:00: PreO first start

16:00: awards ceremony (PreO, overall results)

Program can be changed.

5. Courses and classes

There will be 3 main competition courses:

Relay (teams of 3) (Polish Championships)

TempO (Polish Championships, ECTO, WRE)

PreO (Polish Championships, ECTO, WRE)

Competitors will be divided into the following classes:

Open-E (everyone)

Open-J (born 1999 and later)

Open-M (born 2005 and later)

Para-E (any age, for disabled competitors as defined in IOF rules)

Para-J (born 1999 and later, for disabled competitors as defined in IOF rules)

Para-M (born 2005 and later, for disabled competitors as defined in IOF rules)

All competitors have the same courses and those, who fulfills requirements of more than one class, will be classified in all of them

Classes with few participants may be merged. Class Para-E will not be merged into another no matter how many or few participants are in it.





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6. Terrain

Relay: quarry (no longer in use), good surface, rock and vegetation features

TempO: half the terrain is an abandoned quarry, the other half is by a major river with possible long distance controls

PreO: narrow ravine, good and ok surface, a lot of rock features

Para accesibility: relay and TempO no problems at all. PreO: assistants recommended for hand-powered wheelchairs. If you need help finding an assistant, please contact the organizers as soon as possible. You can have an Open class competitor as your assistant, if doing so, please let us know so we can give them early start and you a late one. The course is very short (approx 400 metres) but downhill (slight downhill most of the time, steepest parts will be marked as one-way), second part of the course the road gets cobblestone surface (if you have terrain wheels for your wheelchairs you should use them).

7. Maps

ISSOM 2007, September 2019, no previous orienteering maps, scales from 1:2000 to 1:4000.

8. Entries

TempO and PreO via IOF Eventor, opening June 2019. Relay via form on www.wtoc2021.pl (will be announced).

9. Entry deadline

5.09.2019

10. Entry fee:

PreO €20 (Open-E, Para-E), €10 (others)

TempO €20 (Open-E, Para-E), €10 (others)

Relay €30/team (Open-E, Para-E), €20/team (others)

Foreign competitors can pay in cash in event center





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11. Payment:

All payments are to be made to “Dolnośląski Związek Orientacji Sportowej” via bank transfer as follows (all charges have to be paid by sender!):

bank: Alior bank SA

IBAN: PL87 2490 1057 0000 9902 3682 1723

SWIFT Code: ALbPPLPW

to the credit of:

DZOS, Borowska 1-3, 50-529 Wrocław, Poland

With title: TrailO Poland 2019, Name, Surname

12. Embargoed area:

Map of embargoed areas: <https://drive.google.com/open?id=1Rwh0L3EXUS-EDfbU009Lq-Ksw2PjDQEH&usp=sharing>

Competitors, coaches, assistants and anyone else who could influence competition results are not allowed to enter those areas from the day the bulletin is released until the organizers lift the embargo when the competition is finished.

13. Accommodation:

- hard floor: Zespół Szkół im. Św. Jadwigi Śląskiej, ul. Dworcowa 10, 59-610 Wleń, €2,5 per night

- Ośrodek Rehabilitacyjny i Opiekuńczy Zgromadzenia Sióstr św. Elżbiety, ul. Jana Kazimierza 1, 59-610 Wleń, www.wlen.elzbietanki.wroclaw.pl – ok for people on wheelchairs

- other: www.wlen.pl/katalog

12. Contact:

Dolnośląski Związek Orientacji Sportowej

ul. Borowska 1-3

50-529 Wrocław

www.wtoc2021.pl

office@wtoc2021.pl

Event director: Alicja Wojtala

Phone: +48 880 267 126

